

BrainFood Nutrition Fee Schedule 2021

Angela Taylor, MS, CNS, LDN
Board Certified in Clinical Nutrition
www.brainfood-nutrition.com

15-Minute Discovery Call: Free

New Client intake (Includes assessment of up to 10 pages of lab results):

\$325 Initial Intake Appointment (90 Minutes)

\$140 Follow up Appointment (60 minutes)

\$465 will be charged to new clients at the time of booking.

Follow up appointments (one-time): \$99 (30 minutes)

Follow up 6-pack discount: (weekly or bi-weekly appointments):

\$474 (roughly \$79 per follow up visit)

Health Insurance Superbills

I do not currently participate with any insurance plans, however I am happy to provide you with a superbill, which you may submit for reimbursement. Please contact your health insurer prior to scheduling an appointment to ask if they cover nutrition visits.

CPT codes identify the service provided by a healthcare professional.

For example, CPT codes for Medical Nutrition Therapy (MNT) are:

| MNT CPT Code | Description | Time Unit |
|---------------------|-----------------------------------------------------------|--------------------------------------------------------------------|
| 97802 | Initial assessment/intervention visit(s) | (1 unit = 15 minutes. Some insurers allow up to 3 hours per year.) |
| 97803 | Follow-up reassessment/intervention visits | (1 unit = 15 minutes. Some insurers allow up to 3 hours per year.) |
| Telehealth Modifier | Description | |
| GT | Via interactive audio and video telecommunications system | |

ICD-10 diagnosis codes are used by physicians and medical coders to assign medical diagnoses to individual patients. As clinical nutritionist/licensed dietitian nutritionist (CNS/LDN) I cannot make a medical diagnosis (thus, I cannot assign an ICD-10 code). However, ICD-10 codes may be used on referrals and superbills.

Some common ICD-10 codes you may see on referrals include:

- **Z71.3** – Dietary counseling and surveillance (typically used for preventive services)
- **E11.____** – Type 2 Diabetes (the ____ specifies if any complications are present)
- **E66.0** – Obese due to excess calories
- **E66.3** – Overweight (weight management referrals)

A complete list of ICD-10 codes has been created by the Academy of Nutrition and Dietetics:

<http://www.eatrightpro.org/~media/eatrightpro%20files/practice/getting%20paid/icd10cmcodesforrdns.ashx>